







SUPINE POSITION - FOWLER TAILBONE RELIEF

 Tailbone, spine, shoulder and heels decubitus

Distribute the pillow stuffing to ensure that it is divided evenly across the entire pillow. Use the Comfort XL for adults and the Comfort for children



Leave one hand's breadth

of space to keep the tailbone free,
once the patient is lying on the pillow

Operate the bed to first create a Fowler (knee bend), so that the patient will not slide down





Fold line





No force (do not forcefully push or pull on the patient).

2

Always leave a hand's breadth of space.

3

Fill all of the spaces where the patient's body does not make contact with the pillow.

4

Smooth the area where the patient touches the pillow to relieve any air pressure.

5

Provide opposite support to the patient in a lateral position.